## Eat well with The Headingley Greengrocer No. 7

## Rhubarb and orange pie

450gr rhubarb 125gr sugar 25gr plain flour 1 beaten egg 2 oranges



400gr plain flour 100gr butter or margarine 100gr vegetable fat

- 1. Put the flour into a large bowl, add the butter/margarine and fat and a pinch of salt, rub in until the mixture resembles fine breadcrumbs. Add a few tablespoons of water to make a dough. Cut the dough in half and roll out half to fit and line a 20cm flan dish.
- 2. Cut the rhubarb into small chunks and put onto the pastry. Zest and juice the oranges.
- 3. Mix the sugar, flour, egg and orange zest.
- 4. Put the orange juice into a measuring jug and add sufficient water to make ¼ pint liquid. Bring this liquid to the boil.
- 5. Add to the flour mixture, stir well, then return to the heat to cook and thicken.
- 6. Pour the sauce over the rhubarb and cover with the remaining pastry. Bake at Gas 7/ 220c for 35-40 mins.

Enjoy! All the ingredients can be found at the Headingley Greengrocer and at our sister shop opposite, the Natural Food Store.

https://theheadingleygreengrocer.co.uk/



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